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Cast-Iron Cooking: Recipes & Tips For Getting The Most Out Of Your Cast-Iron Cookware



Synopsis

Get the most from your cast-iron cookware with 40 fabulous recipes especially designed for cast iron, from a full English breakfast to chilaquiles, pan pizza, cheesy beer fondue, Korean fried chicken, vegetarian chili, mango curry, party nuts, two kinds of cornbread, baked apples, gingerbread and the perfect grilled cheese sandwich! You'll also learn how to buy the cast-iron pots and pans that are right for you and how to care for them successfully.

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Customer Reviews

I chose Rachael Narins cookbook `Cast-Iron Cooking because of the cover and I need more cast-iron recipes. I bought cast-iron ware for last Christmas, I love the pieces I have but needed more recipes. The cover picture and font look inviting, who could pass that up? The recipes sound delightful and each recipe has a little tidbit of information (ex. where it originated from). The recipes are organized by courses - Breakfast, Lunch and Dinner, Sides and Snacks, and Dessert. The table of contents is well laid out. Besides having the meals listed in the contents, there are many helpful chapters (ex. How to Season Cast-Iron, Why and How to Buy Cast-Iron). Each recipe has a list of ingredients with items most cooks would have. The directions are clear and easy to understand. I did find a couple of items I have never heard of...nonreactive saucepan and offset spatula. But for the most part, I believe the cook could find themselves some delicacies. The techniques are well defined and the directions tell you step-by-step what to do. All photo's throughout the book look inviting. I would recommend this cookbook to all cooks. Disclaimer: I received a complimentary ARC

of this e-book through Net Galley for my honest review.

A MUST for cast-iron cookers (AKA chefs)!! We weren't using our cast-irons to their full potential all these years. Thank you, Ms. Narins

I have many cast-iron pans, there is definitely a different way of cooking with them, and this book covers these aspects, with lovely recipes and photos it was a joy to read. The recipes are extremely easy to follow, instructions and explanations are good and the meals are delicious and different. This book was provided to me in return for a honest and unbiased review.

Really a good cook book for the price. Love it!

Really interesting recipes and such variety. Love, love it.

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